



# How to make students come to class prepared

Susanne Rosthøj

Section of Biostatistics  
Department of Public Health  
University of Copenhagen



# Outline

- Motivation
- New teaching structure based on **blended learning**
- Examples of online material
- Own and students' experiences



# Courses in biostatistics

Level:

Master and PhD.

Contents:

Regression models. Perform analyses on their own (SAS or R).

Format:

50%



50%



# Statistical software programming



Advanced users

Find software difficult.  
Trapped in a downward  
spiral



# Students' preparation

No specific requirements on

- preparation
- training.

Students could increase (AU, 2007-2014):

- **number of hours** spent on preparation
- **quality** of preparation.

We can prepare the students' preparation (von Müllen 2011):

- specify **how** they should prepare
- **incorporate** their preparation in class

Specific skills need to be trained!



# Training activities



# Incorporating training activities in class



# Automated online feedback

Fill in the *blank*



Multiple choice





# Video examples

## Own production

- Short lectures (PowerPoint with speak (Camtasia))
- Instruction in software
- Explanation of output (iPad (Explain Everything))

## Professional

- YouTube
- homepages (e.g. [jbstatistics.com](http://jbstatistics.com))



# Discussion

- 1) Can specific guidelines aid your students in preparing for class?
- 2) Can online automated feedback support your students' learning?
- 3) Can videos support your students' learning? Podcasts?
- 4) Do the videos have to be professional?
- 5) Do there exist professional videos you can use?



# My experience

## Student performance is increased

- in the teaching sessions
  - students have same knowledge
  - spend less time on technical details
  - spend more time on discussions (paired / clickers)
- in the mandatory exercises.



# Student attitudes and experiences

'It really helps me to understand what we did in class when I go home and actually do it with the activities'

- Continuity in working with the topics.
- Training is necessary:  
Technical (97% agree) / methodological (93%), n=122.
- Feedback is important.
- Unstructured mandatory exercise is important.
- Acknowledge that they learned a lot:

'I really really feel I am getting these concepts. I was so proud.'



# Preparing the students' preparation

'This is the best organized course I have followed on UCPH'

***Should we*** prepare the students' preparation?

- voluntary or mandatory training activities?
- students or pupils?
- Mandatory 55% - Voluntary 11% - Mixed 34%

***How much*** can we require from the students?

- 1 ECTS = 28 hours.
- **3.75 hours** per lesson (lecture or computer lab)



# Perspective

Training can be used in other academic disciplines

- Natural sciences (e.g. practicing exercises)
- Language (e.g. practicing verbal forms)
- Social sciences (von Müllen (2011))
- ... ?

A lot of work for the teacher!

Future directions:

- More video lectures. Fewer lectures?
- How to encourage students to help each other online?



# Literature

Rothøj (2014) Undervisning baseret på færdighedstræning via online aktiviteter med løbende feedback, *Læring Og Medier*.

von Müllen (2011) At forberede forberedelsen. Fra den pædagogisk-didaktiske værktøjskasse. *Dansk Universitetspædagogisk Tidsskrift* (6):10-64-65.

